

A&E or 999

Choking

Chest Pain

Breathlessness

Blacking Out

*For Symptoms of serious illnesses and
major accidents, choose*

When & Why

A&E or 999

*Should only be used in a critical or life-
threatening situation.*

Walk-In Centre

Cuts / Strains

Cough / Cold

Itches

Open with accessible hours assessments are carried out by experienced staff.

The public do not need appointments

When & Why

Use your local walk-in centre if you require medical treatment or advice which does not need A&E or a medical appointment.

Pharmacist

Diarrhoea

Runny Nose

Cough / Cold

Headache

Your local pharmacist can provide advice common illness and the best medicines to treat them. Some pharmacies also offer other services -

- Advice on Stop Smoking
- Emergency Contraception

When & Why

Visit your local pharmacy when you are suffering from a health problem which does not require being seen by a nurse or a doctor.